



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website:stpaulssale.org.au **Facebook:**www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *People of Christian faith –
Encouraging connection between the Divine and the everyday.*

**19th May 2024
Day of Pentecost**

Sentence of Scripture

‘A new heart I will give you, and a new spirit I will put within you,’ says the Lord God; ‘I will put my spirit within you and you shall live.’ *Ezekiel 36.26; 37.14*

Prayer of the Day

Almighty God,
you sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love, joy, and peace;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever.



Amen

Pentecost

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *Services only at Easter and Christmas*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Ministry Project Officer: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandanglicans.org.au

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Please pray for our supported student Moses Baiduduga at Newton College PNG.

A Reading from The Acts of the Apostles

When the day of Pentecost had come, they were all together in one place.

And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.

Divided tongues, as of fire, appeared among them, and a tongue rested on each of them.

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem.

And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each.

Amazed and astonished, they asked, 'Are not all these who are speaking Galileans?

And how is it that we hear, each of us, in our own native language?

Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes,

Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power.'

All were amazed and perplexed, saying to one another, 'What does this mean?'

But others sneered and said, 'They are filled with new wine.'

But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say.

Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning.

No, this is what was spoken through the prophet Joel:

“In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord’s great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.” *Acts 2.1-21*
Hear the word of the Lord. **Thanks be to God.**

Psalm 104.26-36

Lord, how various are your works:

**in wisdom you have made them all,
and the earth is full of your creatures.**

There is the wide, immeasurable sea:

there move living things without number, great and small;

There go the ships, to and fro:

**and there is that Leviathan
whom you formed to sport in the deep.**

These all look to you:

to give them their food in due season.

When you give it to them, they gather it:

**when you open your hand
they are satisfied with good things.**

When you hide your face, they are troubled:

**when you take away their breath,
they die and return to their dust.**

When you send forth your spirit they are created:

and you renew the face of the earth.

May the glory of the Lord endure for ever:

may the Lord rejoice in his works.

If he look upon the earth, it shall tremble:

if he but touch the mountains, they shall smoke.

I will sing to the Lord as long as I live:

I will praise my God while I have any being.

May my meditation be pleasing to him:

for my joy shall be in the Lord.

A Reading from The Letter to the Romans

We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. *Romans 8.22-27*

The Gospel of our Lord Jesus Christ according to John

Glory to you Lord Jesus Christ.

‘When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning. But I have said these things to you so that when their hour comes you may remember that I told you about them. ‘I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, “Where are you going?” But because I have said these things to you, sorrow has filled your hearts. Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgement: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgement, because the ruler of this world has been condemned. ‘I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you. *John 15.26-27; 16.4b-15*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection:

Ezekiel's well-known prophecy shows us that without breath, there is no life. We need that breath literally as well as metaphorically: we need the Spirit to vivify us, we need inspiration to really exist, endure and flourish. Otherwise, we are merely skeletons with no life in us. Pray that the Holy Spirit may enliven and inspire us so that we may truly live.

- Holy Ghost, dispel our sadness, Pierce the gloom of sinful night; Come, thou Source of sweetest gladness, Breathe thy life and spread thy light!
- Give thanks for the two dioceses of the Church of Ceylon, which covers most of Sri Lanka, remembering their ministry in a multi-religious context.

Text: Robert McLean

© Anglican Board of Mission, 2024



We are catering for Synod next weekend, we need people to help with many different jobs over the weekend, Saturday morning tea, lunch, afternoon tea, dinner in the hall for 125 and morning tea Sunday morning. Other than the dinner the rest is at Gippsland Grammar (Senior School this time) .

Contact Nancy on 0417 554 435

Please pray for Synod and our reps, Kevin, Jan and Michael Down.

Evensong next Sunday at 5pm.

Hope25 is a project led by the General Synod that is an intentional season of **sharing hope in Jesus**. It is being held from Easter Day to Pentecost 2025 and will be launched this Pentecost Sunday, 19th May. We have an opportunity in this uncertain world to share our hope in Jesus and ask for your prayers for Hope25.

More information can be found at <https://www.hope25.com.au/>

Chapter News

Chapter met and discussed the 2nd of the Five Marks of Mission, “To teach, baptise and nurture new believers”.

Chapter are still exploring how we can open the Cathedral every day and for longer hours. Currently there is a shortage of volunteers to do this, but the community has let us know they would like the doors to be open. Please pray for this ministry and let us know if you have any ideas how we can achieve this.

Sunday offertories are close to the budget for the year to date. Parishioners have the option of giving on the day or online.

Safe Church Awareness & Refresher Workshop (Sale)

Date: Friday 26 July 2024 Time: 7.00pm to 9.00pm

Online registration is essential: <https://www.trybooking.com/CPHAZ>

If you receive an email from REV Keren, check the email address, as more SPAM emails asking you to do a job for her are doing the rounds again.

Wanderers: Cuppa and chat Thur 10am at Shirley's. All welcome. Contact Jan on 0421605461.

The Mission of the month for May is Leprosy Mission Australia

Following Jesus Christ, The Leprosy Mission seeks to bring about transformation; breaking the chains of leprosy, empowering people to attain healing, dignity, and life in all its fullness.

The Leprosy Mission has an online shop, selling home-wares, fashion, fair-trade gifts, tea and coffee, marmalade, chocolate, hand-made gifts and many other items.

See the display in the foyer or go to: <https://shop.leprosymission.org.au/>

Or you can place a donation in an envelope, label it 'Leprosy Mission' and put in the offertory bag at Sunday worship.

The Abbey is selling **special wines**. Pamphlets on the table in the foyer.

Please wear your namebadge, to the services as well as to morning tea, so we can all get to know your names. If you don't have one, see Christine.

Morning prayer

Please join Dean Keren in the Cathedral for Morning Prayer every Friday at 9am. We'll pray for our parish and diocese, and any other concerns pray-ers may have!

The (10am) service each week is live streamed. (Search *St Paul's Cathedral Sale when in* YouTube) <https://www.youtube.com/@stpaulscathedralsale/streams>

Coming up at The Abbey



May 16th – 19th – Retreat: Love is Letting Go of Fear. (Thursday – Sunday).
Facilitator: Martin Hosking

May 31st – June 2nd – Weekend Retreat: Meeting the Enneagram. Facilitator: Julia Fullarton.

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Sunday Bulletin / Web/ Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Christ has no body now on earth but ours,
no hands but yours, no feet but yours...

Yours are the feet with which he is to go about doing good,
and yours are the hands with which he is to bless us now.

St Theresa of Avila 1515-82

Spirit

How would it feel, then, to live
in that God-shaken house?
To feel the wind,
like the very breath of life,
like the stirring of the
deep before time,
gusting through these small
daily rooms, clattering and pressing
against doors and shutters,
not to be contained?

How would it feel to look up, eyes
dried by wind-force,
and see fire falling, flames bright
and crackling, and resting with
heat that does not burn on each
wondrous head?

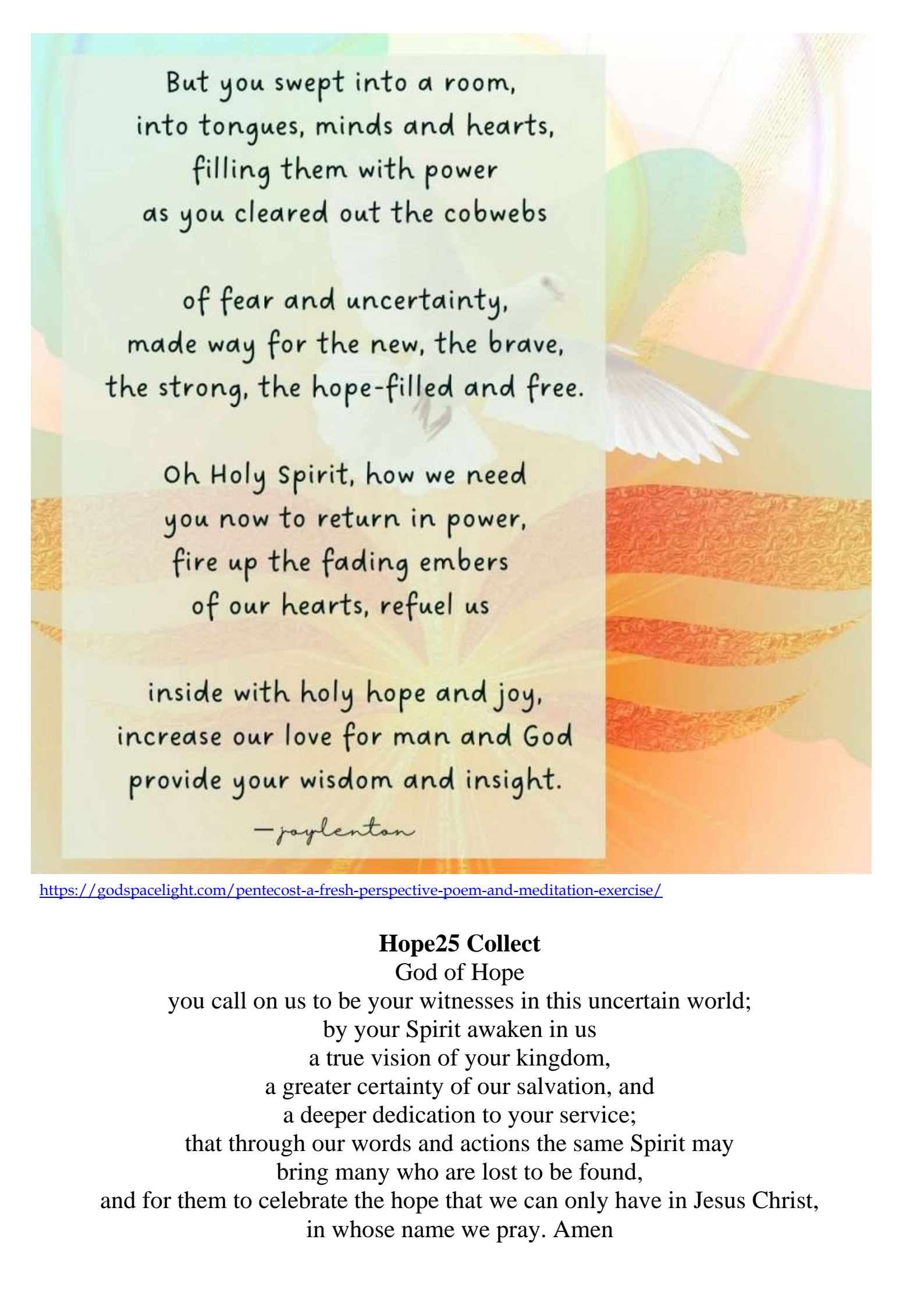
To be blown open
lock-sprung
lifted
with wild reckless joy
as words tumble out into
the clear singing light?

It would feel like this,
it feels like this,
and it is still only morning.

Pentecost

Spirit of God
put love in my life.
Spirit of God
put joy in my life.
Spirit of God
put peace in my life.
Spirit of God
make me patient.
Spirit of God
make me kind.
Spirit of God
make me good.
Spirit of God
give me faithfulness.
Spirit of God
give me humility.
Spirit of God
give me self-control.

From Galatians 5:22–23



But you swept into a room,
into tongues, minds and hearts,
filling them with power
as you cleared out the cobwebs

of fear and uncertainty,
made way for the new, the brave,
the strong, the hope-filled and free.

Oh Holy Spirit, how we need
you now to return in power,
fire up the fading embers
of our hearts, refuel us

inside with holy hope and joy,
increase our love for man and God
provide your wisdom and insight.

—joylenton

<https://godspacelight.com/pentecost-a-fresh-perspective-poem-and-meditation-exercise/>

Hope25 Collect

God of Hope

you call on us to be your witnesses in this uncertain world;
by your Spirit awaken in us
a true vision of your kingdom,
a greater certainty of our salvation, and
a deeper dedication to your service;
that through our words and actions the same Spirit may
bring many who are lost to be found,
and for them to celebrate the hope that we can only have in Jesus Christ,
in whose name we pray. Amen