



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

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YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *People of Christian faith –*

1st December 2024

Encouraging connection between the Divine and the everyday. **First Sunday of Advent**

Sentence of Scripture

Stand up and raise your heads; your redemption is drawing near. *Luke 21.28*

Prayer of the Day

Eternal God, you have taught us that the night
is far spent and the day is at hand:

keep us awake and alert,
watching for your kingdom,
and make us strong in faith,

so that when Christ comes in glory to judge
the earth,

we may go out joyfully to greet him;

and, with all your saints,

may worship you for ever;

through Jesus Christ our Lord,

who lives and reigns with you and the Holy

Spirit, one God, now and for ever. **Amen.**

Prayer for the year

of Hope 2025

God of hope,

you fill those who trust in you
with peace and joy:

give us the gift of your Spirit
so that we may overflow

with the hope we have in Jesus,
shine with his presence,

and share the good news
with others.

Amen

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am **Wednesdays - 10.00am** in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *Services only at Easter and Christmas*

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Moses Baiduduga at Newton College PNG.

A Reading from the Book of Jeremiah

The days are surely coming, says the Lord, when I will fulfil the promise I made to the house of Israel and the house of Judah. In those days and at that time I will cause a righteous Branch to spring up for David; and he shall execute justice and righteousness in the land. In those days Judah will be saved and Jerusalem will live in safety. And this is the name by which it will be called: 'The Lord is our righteousness.' *Jeremiah 33.14-16*

Hear the word of the Lord. **Thanks be to God.**

Psalm 25.1-10

In you, O Lord my God, have I put my hope:
**in you have I trusted, let me not be ashamed,
nor let my enemies triumph over me.**

Let none who wait for you be put to shame:

**but let those that break faith
be confounded and gain nothing.**

Show me your ways, O Lord:

and teach me your paths.

Lead me in the ways of your truth, and teach me:

for you are the God of my salvation.

In you have I hoped all the day long:

because of your goodness, O Lord.

Call to mind your compassion and your loving-kindness:

for they are from of old.

Remember not the sins of my youth,
nor my transgressions:

but according to your mercy think on me.

Good and upright is the Lord:

therefore will he direct sinners in the way.

The meek he will guide in the path of justice:

and teach the humble his ways.

All the paths of the Lord are faithful and true:

for those who keep his covenant and his commandments.

A Reading from the First Letter to the Thessalonians

How can we thank God enough for you in return for all the joy that we feel before our God because of you? Night and day we pray most earnestly that we may see you face to face and restore whatever is lacking in your faith. Now may our God and Father himself and our Lord Jesus direct our way to you. And may the Lord make you increase and abound in love for one another and for all, just as we abound in love for you. And may he so strengthen your hearts in holiness that you may be blameless before our God and Father at the coming of our Lord Jesus with all his saints. *1 Thessalonians 3.9-13*

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Luke

Glorify to you Lord Jesus Christ.

‘There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see “the Son of Man coming in a cloud” with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near.’ Then he told them a parable: ‘Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place.

Heaven and earth will pass away, but my words will not pass away. ‘Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day does not catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man.’ Every day he was teaching in the temple, and at night he would go out and spend the night on the Mount of Olives, as it was called. And all the people would get up early in the morning to listen to him in the temple. *Luke 21.25-38*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**



Advent 1 Biblical Reflection – *from the Christmas Bowl resources*

In the uncertainties and fragility of life, it's often hard to see where we might experience hope. In scripture we read that the Kingdom of God is near, but this becomes hard to believe when our world is so uneasy and unpredictable. When it comes to the climate, we come face to face with the unpredictable and uncertain. Change in weather, and natural disasters, result in the destruction of homes and farmlands, leading to famine, poverty, and the displacement of communities. In these times, we may feel foolish for having hope. Luke 21 tells of a similar story of destruction and death, yet it is contrasted with a story of hope in the midst of this suffering. We are presented with a paradox, where there is pain and comfort. The Kingdom is near, and there is more at work that we do not see. Even so, Jesus asks us to stand up and lift up our heads. We are called into action. We are called to be people of hope, in times of suffering. This Advent, may we discover where we are called into action. May we ask ourselves what it is that we can do to be a source of hope in the midst of pain, by sharing what we have with others who need it, and acting for peace. *Hannah Staines*

Dean's Desk

After a beautiful Evensong with installation of canons last Sunday evening, this week started with a coffee with the CEO of Central Gippsland Health, Mark Dykgraaf, to canvass areas of overlapping interest in our community. It was great to get to know a bit more about the services CGH offers, and also to explore a couple of potential partnerships.

On Wednesday I attended an online webinar hosted by Kooyoora and featuring a presentation about developments in research around Child Sexual Abuse. The presenter shared his current research with us, the most outstanding statistic for me being the fact that all five categories of abuse have a high correlation with the children involved witnessing or being subjected to domestic violence in their early lives. I thought that was particularly relevant, given that we are currently joining with the UN and the national church in 16 Days of Activism against Domestic and Family Violence. I signed up to and am receiving a daily reflection which cites facts and figures and aims to help shift our understanding of some common myths around DV. I hope you are also joining in prayerful support for those working in this field to prevent family and domestic violence, and for people you may know who are caught up in difficult situations.

A good clutch of us trooped to the Abbey on Friday for the Advent Conversation, which as always had much pertinent input to reflect on. Also on Friday we hosted Gippsland Grammar's Choralfest here at the cathedral - a wonderful, musically delightful and deeply moving event (not least for me, given I had to do the accompaniment for Silent Night on the pedal harp, which involved actual pedal changes... Eeek! 😊).

At the time of writing, Saturday holds the bishop's annual clergy and families' gathering, followed by the Christmas Parade.

What a huge week it has been! My thanks to all those who work behind the scenes to make things happen - for Evensong, for catering, for Choral fest, for the Christmas Parade...

Keren



75 years of the Christmas Bowl After witnessing millions of refugees starving in war ravaged Europe, Reverend Frank Byatt placed a Bowl of Remembrance on his Christmas dinner table. From these humble beginnings, the Christmas Bowl began.

For 75 years, caring Australians have been giving hope to people forced to flee their homes due to conflict and disasters, through the Christmas Bowl. This powerful tradition has changed the lives of thousands of people who have been displaced around the world – empowering them to rebuild their lives.

Support the Christmas Bowl Appeal.

QR code links to the Cathedral's specific page, or take an envelope and place in the offering bag.



December Tuesday 3rd Community Carols by Candlelight and outreach tent. Please pray for the rain to stay away, and for all there. Christine still needs helpers to set and pack up. Pre entertainment and Santa at 6.30pm, carols at 7.30pm at the LEAF OR if too wet, at the Memorial Hall.

The parade was again in doubt weather wise, but beautifully dry on the night. We gave out many happy birthday Jesus stickers. Our 'donkey' behaved as well.

Legends Dinner tonight, write your name on our list please if coming.

Welcome and congratulations to Harper-Rose Marie Watson who is being baptised at 11.30 today, and we pray for her, her parents Alexander & Natalie and god parents Tayla, Ricki & Corey.

Wanderers: Wanderers Christmas lunch is being held at Shirley's on Monday Dec 2nd at 12 noon. Orders are going in now plus payment. If you would like to attend please let me know asap. We will be combining with The Golden Beach seniors .

Cup and chat at Shirley's on Thur 5th Dec.

Wanderers last lunch for the year will be at The Rosedale Hotel on Friday Dec 13th at 12 noon.

If you would like to attend any of these please calling Jan Lear 0421 605 461.

Welcome to Rev Paul Ryu, who was inducted yesterday as the new Uniting Church Minister for Sale, Maffra and Stratford.

We are accepting **Christmas gifts** (unwrapped please) and ‘Christmassy food’ (nothing fragile) for **Anglicare** during this month. You can also donate on line, or purchase a gift for a child on line. <https://www.anglicarevic.org.au/christmas-toy-appeal-2024/> Several boxes of gifts have already been given to Anglicare. Thank you to those who have already contributed.

January 1st – 21st

Gigantic Enormous Supersized Biggest ever Book Fair !

Christine needs help at least by the 7th to be moving the tables and books across, then sorting some alphabetically at least by the 14th. It is going to be a HUGE job, so many hands needed. Lyn, Liz and Helen have continued keeping up with the ever incoming books. They run on chocolate and would love donations of ‘fuel’! The **raffle** is going to be ‘choose your own’ gift vouchers again, so donations towards these help raise more funds.

6 Days of Activism 2024 Campaign: “You may have heard it said...”

Domestic and Family Violence is an injustice our whole nation cares about. It affects members of our churches as much as it affects members of the broader community.

For the second year, the General Synod Families & Culture Commission is supporting the United Nations **16 days of activism campaign: 25 Nov to 10 Dec to prevent gender-based violence** campaign by creating a 16 day faith-based social media campaign which will be run through facebook and Instagram.

The "*You may have heard it said...*" campaign highlights and reframes scriptures and teachings which have been misused in a coercive way by those who choose violence against women of faith. The campaign raises awareness of DV and also addresses violence-supportive attitudes.

At The Abbey for the remainder of this year:

December:

12th – Hush Quiet Day. Facilitator: Gradwell Fredericks.

12th - Celtic music session. 7.00pm – 10.00pm in the Chapel.

Internet Bank Transfer: Cathedral’s ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Sunday Bulletin / Web/ Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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St John's MAFFRA



Call to Worship (Christmas Bowl resources)

[christmas-bowl-2024-worship-resource-toolkit-pdf-abf7dd.pdf](https://www.yallournmadrigalsingers.com.au/christmas-bowl-2024-worship-resource-toolkit-pdf-abf7dd.pdf)

God alone is our hope,

Our refuge and shelter.

We are called to share this Good News to our world,
declaring that God is our source of all hope.

We are called to act for peace and justice,
knowing that God makes all things possible.

We are called to love our neighbours
knowing that God's love never fails.

So let us worship together
in our love of God.

Lighting of Advent Candle I - The First Sunday of Advent - Hope

TiS289 verse 1

Christmas 2024

St Paul's Anglican Cathedral, Sale

Sunday 15th Dec 7.00pm Lessons and Carols
CHRISTMAS EVE @ St Pauls

5.00pm An informal Family Worship Service
Suitable for all aged children and grownups!

11.00pm @ St Paul's Holy Communion

CHRISTMAS DAY @ St Pauls

9.00am @ St Paul's Holy Communion

Regular SUNDAY services @ St Pauls
29th December & all January 9.00am only

Out centres:

Christmas **Eve**: St Alban's Kilmany 8pm

Christmas **Day**: St Anne's Golden Beach 11am

