



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

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YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral parish in being God's beating heart for our communities.*

8th March 2026

Lent 3

Sentence from Scripture

God proves his love for us in that while we still were sinners Christ died for us.

Romans 5.8

Prayer of the Day

O God, the fountain of life,
to a humanity parched with thirst
you offer the living water that springs from the
Rock, our Saviour Jesus Christ:
stir up within your people the gift of your
Spirit, that we may profess our faith with
freshness and announce with joy the wonder of
your love.

We ask this through our Lord Jesus Christ,
who lives and reigns with you in the unity of
the Holy Spirit, one God, for ever and ever.

Amen.

Year of Prayer 2026

Lord, teach us to pray.

Teach us to listen to your voice
and to hear your word.

Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from the Book of Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?' *Exodus 17.1-7*

Hear the word of the Lord. **Thanks be to God.**

Psalm 95

Come! Let us sing to the LORD:

let us praise with joy the rock of our salvation.

Let us enter his presence with thanksgiving:

we shall sing joyfully to him with psalms.

For the LORD is a great God :

a great ruler above all gods.

In his hands are the depths of the earth:

the peaks of the mountains are his.

The sea is his for he made it:

his hands formed the dry land.

Come! Let us worship and bow down:

let us kneel before the LORD our maker.

For he is our God:

we are the people of his pasture, and the sheep held by his hands.

If today you would hear his voice—‘Harden not your hearts as at Meribah:

as on that day at Massah in the wilderness;

‘Where your forebears challenged me:

testing me though they had seen my works.

‘For forty years I grieved for that generation and said:

“They are a people whose hearts have strayed, they do not know my ways”;

‘Where I pledged in my anger:“

They shall not enter my rest.”

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A Reading from The Letter to the Romans

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5.1-11

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

Glory to you Lord Jesus Christ.

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, ‘Give me a drink’. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, ‘How is it that you, a Jew, ask a drink of me, a woman of Samaria?’ (Jews do not share things in common with Samaritans.) Jesus answered her, ‘If you knew the gift of God, and who it is that is

saying to you, “Give me a drink”, you would have asked him, and he would have given you living water.’ The woman said to him, ‘Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?’ Jesus said to her, ‘Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.’ The woman said to him, ‘Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.’ Jesus said to her, ‘Go, call your husband, and come back.’ The woman answered him, ‘I have no husband.’ Jesus said to her, ‘You are right in saying, “I have no husband”; for you have had five husbands, and the one you have now is not your husband. What you have said is true!’ The woman said to him, ‘Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.’ Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water-jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him. Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’ Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’ *John 4.5-42*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection

When I was a kid, we usually did the long drive from Sydney to Brisbane in the holidays to visit relatives. There was often a chorus from the back seat: "Are we there yet?" asked, even if we knew very well that we were far, far away from the NSW/QLD border.

I think of that experience when I reflect on the OT reading for today from Exodus where the people "quarrel" with Moses because they're thirsty, and they most emphatically "aren't there yet". One complaint is quoted, "Why bring us from Egypt, only for us to die from thirst?" But we can well imagine the litany of whingeing, moaning, and complaining. We can also imagine Moses rolling his eyes and keeping a lid on his impatience: we get a glimpse of how he was dealing with it all from the way he named the place "Massah and Merribah" - not only was the people's complaint against Moses, but a "testing" of the Lord.

God is gracious and compassionate and infinitely patient with God's people, even though we moan and whinge and complain. The excerpt from Romans invites us to reframe our experiences of suffering and pain and having-to-endure, and to see them instead as developing character and hope, looking always to the hope Jesus brings us.

So this week, how might you turn those inevitable moments that find you frustrated or suffering or afflicted into an opportunity to develop character and hope in God's goodness?

Dean's Desk

Many, many thanks to those who helped and visited me during my convalescence the last two weeks. I was so encouraged by the care shown me by text messages, calls, visits, and help getting to and from the doctor. Particular thanks to Steph and Trish and Jenny who ferried me to my appointments - and waited patiently for them to be done! And to Tanika, Katherine and John, and Leanne and Nick and Rachel (and Theresa and Amanda and Helen) who brought hot chocolates and helped with some of the household tasks I couldn't manage. I was deeply touched by how this really was an excellent example of Christian community at work... The ways we care for one another when we are vulnerable. My ankle is healing steadily, and I'm back on my feet, albeit at a slower pace than usual.

Thank you also to Dave Perryman, Iain and Christine who stepped up last week when Heather and I were both not able to lead worship. I'm so thankful that we have the gifts and talents sufficient in our midst that we can still gather and worship together meaningfully. And thanks to Kevin for chairing Chapter in my absence.

Over the next couple of weeks I'll be sidling up to a number of folk with a form to sign. The Diocese is in the process of transitioning from one method of record keeping when it comes to safe ministry, to another. As a result, everyone who is a church worker needs to be brought onto the system. Level 1 clearances (clergy, lay ministers, lay readers) have already been completed; it's time to do Level 2 clearances. Level 2 is anyone on a roster, or holding any representative role in the church - musicians, readers, morning tea servers, liturgical assistants and so on. Some of you are already on the new system and won't need to do a new clearance. Those who are not yet on the new system, I'll be coming around with a form to sign which will start the process. You'll receive an email from Jules Lanham (the Diocesan Safe Ministry Officer), with instructions to follow.

I know this can feel like a stressful process. Please, please, reach out to me, or ring Jules, if you are feeling frustrated or need help. One of us will be very happy to sit with you and walk through what needs to happen. What we hope to achieve by this is not just ticking boxes. Rather, first and foremost we want our churches and congregations to be safe places for everyone to come and encounter the God of Grace who loves us.

Lastly, on an exciting note: Friday night is the harp concert featuring Josh Layne. Josh is a Canadian harpist, composer, and teacher (of harp): [Josh Layne, Harpist - Canadian Harpist and Composer Josh Layne](#). He has an international following for his Harp Tuesday series on his Youtube channel: [\(3\) Josh Layne - YouTube](#). Josh will be playing my beautiful harp for this concert, which will likely feature a mix of classic music for harp, as well as some of his original compositions. Two years ago I went to the first Gippsland concert he performed at Raymond Island, and I can't express sufficiently in words how amazing it was, how much I enjoyed it, and how engaging Josh is as a performer. If you haven't put your name down to come, do so! And invite your neighbours and friends too.

Keren

Let us hold to the throne of grace those caught up in the midst of the escalating conflict, along with world leaders and the wider human family.

God of the nations,
whose sovereign rule brings reconciliation with justice,
have mercy on our broken and divided world.
Shed abroad your peace in the hearts of all
and banish from us the spirit that makes for war;
that swords may be fashioned into ploughshares,
and spears into pruning hooks.

This we ask in the name of the Prince of Peace,
even Jesus Christ our Lord. **Amen.** (*Adapted from a Collect for Peace, APBA p.202*)

ABM Lent appeal: Give Water, Give Life

Safe drinking water, sanitation and hygiene are crucial to human health and wellbeing. This Lent, let your compassion flow and bring the gift of clean water to a family in need. See the notice board for details – unfortunately it seems they no longer provide specific Lent envelopes, so make your own!

<https://www.abmission.org/lent2026>



Craft Group is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour.

Beanie knitting has started ready to donate to the Mission to Seafarers in July.

Members are continuing their Lent pieces.

Happy Birthday to all who celebrate/d Birthdays in February and March.

This is our usual very busy weekend of birthdays, and includes Christine turning 60 on Tuesday!

To mark this occasion (but in a few weeks) Christine is having purple ‘muck’ tipped over to her to raise money for the **Epilepsy** Foundation by children who have their lives ‘mucked up’ by epilepsy. She is selling wrist bands and taking donations, if you would like to contribute.

<https://www.makemarchpurple.org.au/fundraisers/christinemorris/vic-nsw>

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons: *(Their Portfolio)*

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps: Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix,
Maria Iuliano

St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** Maria Iuliano

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, PA/AV, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

JOSH LAYNE

THE HARP HAS A STORY

MARCH.13 | 7:30PM

ST PAUL'S CATHEDRAL
149 CUNNINGHAME ST, SALE VIC
3850, AUSTRALIA

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CAMAC HARPS
FRANCE


CARTER HARPS
AUSTRALIA

<https://events.humanitix.com/josh-layne-harp-concert-st-pauls-cathedral-sale-march-13th-2026>

Tickets \$30 / \$25

Tickets available on the door, but for numbers, please let us know you are coming!

JOSH LAYNE has been called a ‘harp genius’ and a ‘consummate musician’. He has performed extensively across Canada, the US, Europe, South America, Australia and New Zealand and has been praised for both his virtuosity and the sensitivity of his playing.