



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

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Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

Parish in being God's beating heart for our communities.

23rd May 2026

Pentecost Sunday

Sentence from Scripture

'Let anyone who is thirsty come to me,' says the Lord; 'and let the one who believes in me drink. For out of your heart shall flow rivers of living water.' John 7.38

Prayer of the Day

Almighty God,
at the feast of Pentecost
you sent your Holy Spirit to the disciples,
filling them with joy and boldness to preach
the gospel:
empower us with that same Spirit
to witness to your redeeming love
and draw all people to you;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy
Spirit, one God, now and for ever. **Amen.**

Year of Prayer 2026

Lord, teach us to pray.
Teach us to listen to your voice
and to hear your word.
Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from Numbers

So Moses went out and told the people the words of the LORD ; and he gathered seventy elders of the people, and placed them all around the tent. Then the LORD came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, 'Eldad and Medad are prophesying in the camp.' And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, 'My lord Moses, stop them!' But Moses said to him, 'Are you jealous for my sake? Would that all the LORD 's people were prophets, and that the LORD would put his spirit on them!' And Moses and the elders of Israel returned to the camp.

Numbers 11.24-30

Hear the word of the Lord. **Thanks be to God.**

Psalms 104.26-36

Lord, how various are your works:

**in wisdom you have made them all,
and the earth is full of your creatures.**

There is the wide, immeasurable sea:

there move living things without number, great and small;

There go the ships, to and fro:

**and there is that Leviathan
whom you formed to sport in the deep.**

These all look to you:

to give them their food in due season.

When you give it to them, they gather it:

when you open your hand

they are satisfied with good things.

When you hide your face, they are troubled:

when you take away their breath,

they die and return to their dust.

When you send forth your spirit they are created:

and you renew the face of the earth.

May the glory of the Lord endure for ever:

may the Lord rejoice in his works.

If he look upon the earth, it shall tremble:

if he but touch the mountains, they shall smoke.

I will sing to the Lord as long as I live:

I will praise my God while I have any being.

May my meditation be pleasing to him:

for my joy shall be in the Lord.

A Reading from the Acts of the Apostles

When the day of Pentecost had come, they were all together in one place.

And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.

Divided tongues, as of fire, appeared among them, and a tongue rested on each of them.

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem.

And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each.

Amazed and astonished, they asked, ‘Are not all these who are speaking Galileans?’

And how is it that we hear, each of us, in our own native language?

Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia,

Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes,

Cretans and Arabs—in our own languages we hear them speaking about God’s deeds of power.’

All were amazed and perplexed, saying to one another, ‘What does this mean?’

But others sneered and said, ‘They are filled with new wine.’

But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say.

Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning.

No, this is what was spoken through the prophet Joel:

“In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below, blood, and fire, and smoky mist.

The sun shall be turned to darkness and the moon to blood,
before the coming of the Lord's great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.” *Acts 2.1-21*
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

Glory to you Lord Jesus Christ.

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, ‘Peace be with you.’ After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, ‘Peace be with you. As the Father has sent me, so I send you.’ When he had said this, he breathed on them and said to them, ‘Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.’ *John 20.19-23*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection

Pentecost: Today we celebrate the coming of the Holy Spirit, the Advocate and Comforter Jesus promised his disciples would be sent after his own departure. The Spirit who would lead them into all truth, who would remind them of what he'd told them and of what he'd commanded them: to love one another. We hear the two Pentecost stories: the "little pentecost" from John 20 in which Jesus exhales the Spirit on the disciples, and the great story from Acts 2 in which the Spirit descends as tongues of fire and multiple languages.

If the Spirit has been poured out on us, what does that mean for the shape our community takes? It's the Spirit's presence which leads to the multiplying of the church: at the end of Peter's long speech, 3000 people are baptised and begin to walk in the Way. How can we be more dependent on the Spirit, so that our community may be multiplied?

Dean's Desk

A HUGE thank you to everyone who helped to make synod a success last week: our catering team, our liturgical team and sacristan, and all who came to welcome the folk from our diocese to our/their cathedral.

Today's a big day: Chapter meets after the 10am service at 11:45am sharp, and later today we will join for Evensong at 5pm before Alpha at 6:45pm. Please be prayerful for our Chapter members, for those involved in Evensong, and both the leaders and guests who are coming to Alpha. We are averaging about 12-13 every session.

Next Sunday after 10am service we're holding the Parish Lunch, hosted by the Care and Culture team. It's not too late to put down your name so that we can prepare enough soup for everyone!

Lastly, since the beginning of Lent we've been walking our way through summarised chapters from Richard Foster's iconic book, *Celebration of Discipline*. Today and next week are summaries and recaps of what we've covered. I hope this has been useful to you in your following of Jesus, through these Great Days.

Keren

Join us for St Paul's Parish Lunch Sunday 31st May at 11.30am

Soup, bread and fellowship RSVP to Kaye or sign sheet in the Foyer

We are continuing to support local state **primary schools with breakfast items**

Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine.

Guthridge, Araluen and 545 P.S were very grateful for our previous donations and thank you for this support. Contact Kathy J 0400 444 416

KYB (Know Your Bible) are looking for ladies who would like to join their happy group in the Community room at St Paul's on Mondays 10am – 11.30am.

They use a question and answer learning style, reinforced by group discussion, summaries and review notes. It is designed to help participants engage with the richness of God's word for themselves.

Please come along, you will be most welcome.

For more information contact Cheryl 0499 880 448

Craft Group is whatever people who come want it to be. 10am Thursdays.

Come for a cuppa and a chat, stitch, knit, crochet, colour.

Beanie knitting has started ready to donate to the Mission to Seafarers in July.

More information Phone Jenny 0457 455 503

Mission of the Month: Gippsland Aboriginal Ministry

Our two Aboriginal priests, the Rev'd Canon Auntie Phyllis Andy and the Rev'd Kathy Dalton, minister to Aboriginal people across Gippsland, and sometimes interstate.

Please pray for their ministry and its continuation. If you wish to make a donation, please put in an envelope marked Aboriginal Ministry and place in the offertory bag at church. For more information or to donate online, go to:

<https://www.gippslandanglicans.org.au/aboriginalministry>

Save the date!

Dr Zachary Dunbar is returning for another **Piano Concert** on Sunday August 30th.

ALPHA

Sunday May 24th in Stratford: Why and How should I read the Bible?

Friday May 29th in Sale: What does the Holy Spirit do?

Friday June 5th in Stratford: How can I make the most of the rest of my life?

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons: *(Their Portfolio)*

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps: Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix,
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** TBA

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, PA/AV, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Intercessions

Come, Holy Spirit, come, and descend on us we pray.

I pray for _____.

Please be with *him/her* and have mercy on these things _____

is carrying in his/her heart:

1. _____

2. _____

3. _____

4. _____

5. _____

Through Jesus Christ our Lord. Amen.



SPIRIT

**How would it feel, then, to live
in that God-shaken house?
To feel the wind,
like the very breath of life,
like the stirring of the
deep before time,
gusting through these small
daily rooms, clattering and pressing
against doors and shutters,
not to be contained?**

**How would it feel to look up, eyes
dried by wind-force,
and see fire falling, flames bright
and crackling, and resting with
heat that does not burn on each
wondrous head?**

**To be blown open
lock-sprung
lifted
with wild reckless joy
as words tumble out into
the clear singing light?
It would feel like this,
it feels like this,
and it is still only morning.**

Andrea Skevington



<https://andreaskevington.com/2019/05/31/poem-for-pentecost-and-some-readings/>