



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

7th June 2026

Parish in being God's beating heart for our communities.

Corpus Christi

Sentence from Scripture

Because there is one bread, we who are many are one body, for we all partake of the one bread. *1 Corinthians 10:17*

Prayer of the Day

Grant, Lord,

that we who receive the holy sacrament of the body and blood of our Lord Jesus

Christ, may be the means

by which the work of his incarnation shall go forward:

take, consecrate, break and distribute us,

to be for others a means of your grace,

and vehicles of your eternal love;

through Jesus Christ our Lord. **Amen.**

Year of Prayer 2026

Lord, teach us to pray.

Teach us to listen to your voice and to hear your word.

Teach us to offer our hearts to you in love and to know your love. Teach us to forgive and be forgiven. Teach us to give our lives in your service and to do your will. Teach us to pray, and pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: **Evening Prayer: Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from the Book of Exodus

Moses came and told the people all the words of the LORD and all the ordinances; and all the people answered with one voice, and said, 'All the words that the LORD has spoken we will do.' And Moses wrote down all the words of the LORD. He rose early in the morning, and built an altar at the foot of the mountain, and set up twelve pillars, corresponding to the twelve tribes of Israel. He sent young men of the people of Israel, who offered burnt-offerings and sacrificed oxen as offerings of well-being to the LORD. Moses took half of the blood and put it in basins, and half of the blood he dashed against the altar. Then he took the book of the covenant, and read it in the hearing of the people; and they said, 'All that the LORD has spoken we will do, and we will be obedient.' Moses took the blood and dashed it on the people, and said, 'See the blood of the covenant that the LORD has made with you in accordance with all these words.' *Exodus 24.3-8*

Hear the word of the Lord,

Thanks be to God

Psalm 116

I love the Lord, because he heard my voice:

the voice of my supplication;

Because he inclined his ear to me:

in the day that I called to him.

The cords of death encompassed me,

the snares of the grave took hold on me:

I was in anguish and sorrow.

Then I called upon the name of the Lord:

'O Lord, I beseech you, deliver me !'

Gracious and righteous is the Lord:

full of compassion is our God.

The Lord preserves the simple:

when I was brought low, he saved me.

Return, O my soul, to your rest:

for the Lord has rewarded you.

For you, O Lord, have delivered my soul from death:

my eyes from tears and my feet from falling.

I will walk before the Lord:

in the land of the living.

I believed that I would perish, I was brought very low:

I said in my haste ‘Everyone is a liar.’

How shall I repay the Lord:

for all his benefits to me?

I will take up the cup of salvation:

and call upon the name of the Lord.

I will pay my vows to the Lord:

in the presence of all his people.

Grievous in the sight of the Lord:

is the death of his faithful ones.

O Lord, I am your servant,

your servant and the child of your handmaid:

you have unloosed my bonds.

I will offer you a sacrifice of thanksgiving:

and call upon the name of the Lord.

I will pay my vows to the Lord:

in the presence of all his people,

In the courts of the house of the Lord:

even in your midst, O Jerusalem. Praise the Lord.

A Reading from The first Letter to the Corinthians

Therefore, my dear friends, flee from the worship of idols. I speak as to sensible people; judge for yourselves what I say. The cup of blessing that we bless, is it not a sharing in the blood of Christ? The bread that we break, is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread. Consider the people of Israel; are not those who eat the sacrifices partners in the altar? What do I imply then? That food sacrificed to idols is anything, or that an idol is anything? No, I imply that what pagans sacrifice, they sacrifice to demons and not to God. I do not want you to be partners with demons. You cannot drink the cup of the Lord and the cup of demons. You cannot partake of the table of the Lord and the table of demons. *1 Corinthians 10.14–21*

Hear the word of the Lord,

Thanks be to God

The Gospel of our Lord Jesus Christ according to Mark

Glory to you Lord Jesus Christ

On the first day of Unleavened Bread, when the Passover lamb is sacrificed, his disciples said to him, 'Where do you want us to go and make the preparations for you to eat the Passover?' So he sent two of his disciples, saying to them, 'Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, "The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?" He will show you a large room upstairs, furnished and ready. Make preparations for us there.' So the disciples set out and went to the city, and found everything as he had told them; and they prepared the Passover meal.

While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, 'Take; this is my body.' Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, 'This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.' When they had sung the hymn, they went out to the Mount of Olives.

Mark 14.12–16, 14.22–26

For the Gospel of the Lord. **Praise to you Lord Jesus Christ.**

Reflection

The word eucharist, which is often used to describe the service in which we receive holy communion, means literally "thanksgiving". We gather around the table with bread and wine to remember Jesus' self-giving: his life, death, resurrection, and ascension, and in anticipation that he will come again. We do this in remembrance of him with thanksgiving (eucharist) for all that he is to us. So as we celebrate Thanksgiving for Holy Communion (Corpus Christi) today, we are engaging in eucharist.

That's also the theme of the psalm, Psalm 116 (one of my favourites), which speaks of offering a sacrifice of thanksgiving for God's deliverance, a salvation which happened in spite of the psalm-singer's despair, and which leads him to observe with awe "precious in the sight of the Lord is the death of his faithful ones".

We so often turn to our Creator with a shopping list of requests - and we're encouraged to bring everything to God in prayer, yes. How much of our prayer life is about thanksgiving? To be thankful first requires us to become aware of what God is doing for, with, among us, and then to offer thanksgiving (eucharist).

I wonder what God has done in your life, in our collective life this week? Where has God gone ahead of us? What thanksgiving do you bring to this eucharist?

Dean's Desk

It was great to gather about 33 folk for our parish lunch last Sunday after the 10am service.

I want to thank Kate for her minestrone soup, Kaye for the two soups she made, and her coordination, Iain and Nancy for their assistance in the kitchen, Heather for the pumpkin soup, and Trish for organising the bread rolls.



Thank you, Care and Culture team, for preparing and setting up the lunch for us, and for the beautiful atmosphere that was generated, with warmth and fellowship aplenty.

Friday night saw the last session of the Alpha series we've been running jointly with Stratford parish this year. We had about 13 people every session, who had an opportunity to go deeper in exploring their faith. Two of those who participated are being confirmed this weekend in Maffra and in Stratford. We'll be running it again in 2027, so do be prayerful about who you might invite to participate next year.

A reminder to keep using the Prayer for the Year and the affirmations for Pentecost - God loves us, God goes before us; where is God at work in our midst?

Keren

June Mission of the Month: Anglicare Victoria

'Anglicare Victoria works with children, young people and families. Supporting tens of thousands of Victorians every year, our 1700+ staff and volunteers operate from more than 45 sites across the state, as well as delivering assistance online, at home and in the community.

We are Victoria's largest provider of Out of Home Care and Family Services, and one of Australia's most innovative agencies in working with vulnerable children youth and families.'

See the display in the foyer. For more information, or to donate online:

<https://www.anglicarevic.org.au/>

Or place money an envelope marked Anglicare and add to the offertory bag on Sunday. Please pray for the work of Anglicare and especially for **Sarah Gover, the new Parish Partnerships Coordinator for our region.**

Craft Group would like to invite any crafters, as well as non crafters to join them for a cuppa and chat at a morning tea at Main Street Merchants in Foster St. on Tuesday 9th June at 9.45am.

Craft Group is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour.

Beanie knitting has started ready to donate to the Mission to Seafarers in July. More information Phone Jenny 0457 455 503

We are continuing to support local state **primary schools with breakfast items** Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

BOOKS CD's and DVD's NEEDED!!!

We are collecting for the next Giant Book Fair, but need help in filling the container with **newer fiction books**. We are constantly receiving books, but lacking in the more recently written books. Spread the word!

Save the date!

Dr Zachary Dunbar is returning for another **Piano Concert** on Sunday August 30th.

Internet Bank Transfer: Cathedral's ministry and mission BSB 013-795 Account no: 4962-98866 Ref: Offering etc.
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PARISH CONTACTS

Lay Canons: *(Their Portfolio)*

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** TBA

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Come Join Us



**Friends of
the Earth
Australia**



Community Resilience Mapping Workshop

Facilitated by Friends of the Earth



18 JUNE, 2026

10:30AM - 2:15PM



ST PAULS CATHEDRAL, SALE
AND ONLINE

A workshop for Bishop-in-Council,
clergy, Lay Readers and any others
joining in with the ACTinG team.

Discover the strengths and gaps in
your community for meeting
disruptions and emergency situations
– how to be climate ready.

REGISTER HERE:



Or email:

davidp@gippslandanglicans.org.au





Season of Creation Launch Anglican Schools Evensong

5pm Sunday 23rd August

at St Paul's Cathedral, Sale and also online

Speaker: Jo Knight, CEO of Anglican Overseas Aid
and author of *Called to Care* for people and planet

Called to Care study groups

Parishes are invited to offer study groups on Jo Knight's book, *Called to Care*, during the Season of Creation.

ACTinG will also offer an online group for those unable to attend in person.

Stay tuned for times and dates.

Branching out from the Prayer Trees

What is next for your church garden? How can we nurture biodiversity? A new ACTinG project is at the seedling stage.

Stay tuned for details via social media, Bishop Richard's Friday round-ups, ACTinG bulletins and TGA.

Keep in touch via Acting bulletins

Just email:

davidp@gippslandanglicans.org.au

and ask to be added

Affirmations for Pentecost 2026:

God loves me.

God loves the people of this parish.

God loves our community.

God is with us; Jesus prays for me, for St Paul's, for our world; the Spirit prays in us with sighs too deep for words.

We are held in the love of the Trinity.

God goes before us.

God give us eyes to see and hearts to respond to where you are already at work in our world.