



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

Parish in being God's beating heart for our communities.

5th July 2026

Pentecost 6

Sentence from Scripture

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,' says the Lord. 'Take my yoke upon you, and learn from me; for I am gentle and humble in heart.' *Matthew 11.28-29*

Prayer of the Day

Almighty God,

your Son Jesus Christ has taught us
that what we do for the least of his brothers
and sisters we do also for him:
give us the will to serve others
as he was the servant of all,
who gave up his life and died for us;
yet lives and reigns with you
and the Holy Spirit, one God,
now and for ever. **Amen.**

Year of Prayer 2026

Lord, teach us to pray.

Teach us to listen to your voice
and to hear your word.

Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am **Wednesdays - 10.00am** in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from Zechariah

Rejoice greatly, O daughter Zion!

Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

triumphant and victorious is he,

humble and riding on a donkey,

on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim

and the warhorse from Jerusalem;

and the battle-bow shall be cut off,

and he shall command peace to the nations;

his dominion shall be from sea to sea,

and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,

I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;

today I declare that I will restore to you double. *Zechariah 9.9-12*

Hear the word of the Lord. **Thanks be to God.**

Psalm 145.8-14

The Lord is gracious and compassionate:

slow to anger and of great goodness.

The Lord is loving to every one of us:

and his mercy is over all his works.

All creation praises you, O Lord:

and your faithful servants bless your name.

They speak of the glory of your kingdom:
and tell of your great might,
That the whole earth may know your mighty acts:
and the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom:
and your dominion endures through all generations.
The Lord upholds all those who stumble:
and raises up those that are bowed down.

A Reading from The Letter to the Romans

For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Romans 7.14-25

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew

Glory to you Lord Jesus Christ.

Let anyone with ears listen!

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance;
we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants;

yes, Father, for such was your gracious will.

All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom

the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.

Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.

For my yoke is easy, and my burden is light.’ *Matthew 11.15-19; 11.25-30*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection

This week's reflection continues the series started last week, summarising one of the sessions delivered at clergy conference. This week's topic is "The compelling life". What does that mean? Ken Morgan's meaning was that as followers of Jesus, how often to people stop us and say, what's different about you? He put it: "What are you smoking and who's your dealer?" Another way of expressing this might be the Apostle Paul's phrase about being ready to give an account of the hope that is within us.

In other words, living a compelling life is about embodying the ways of Jesus, not just avoiding bad behaviours; living a life that's sufficiently different that others notice. It's more about how we make people feel than being successful (whatever we think of as success).

So how do we cultivate a compelling life? At the top of the "how" list is the regular engagement with spiritual disciplines, that we sit with scripture or meditate, or engage in any other prayerful habit with the desire and intention of meeting with Jesus. Next is living a life shaped by the pattern of repentance: it's not just a one off thing we do in baptism, or when we renew baptismal promises, but should be a daily reflection: "How did I do today, God? What do I have to be thankful for? What am I sorry for? What do I need your help to change as I face a new day?"

Thinking about people we've known whose lives are compelling, one of the keynotes is the impact of suffering and how it's shaped their lives and faith. How do we respond to suffering? Paul talks in Romans 8 about suffering producing endurance, endurance producing character, and character generating a hope that doesn't disappoint. Ken encouraged us to pray: "God, form Christ in me" - and be prepared to face suffering in ourselves, or as we journey with those around us. Another way to cultivate a compelling life is through relationships of accountability - whether through therapeutic relationships (counselling, psychologist, etc), or through other relationships in which we have accountability. And mixed into this is also a call to personal authenticity: to be willing to share our vulnerabilities, where we are not strong or "perfect".

When we look at Jesus' life, we see that love is both care and challenge. Jesus announced the kingdom, but he did not begin by building a platform or immediately gathering disciples. He moved towards people. He served. He healed. He noticed

the overlooked. He was driven by deep compassion. But Jesus' compassion was never soft sentimentality. He also challenged people to repent. He called them to turn around. He was uncompromising, not because he lacked love, but because he loved people too much to leave them unchanged.

That matters for the church, because we can so easily create a false dichotomy. On one side we have the commands to love: love God, love our neighbour, love each other, love our enemies. On the other side we have the commission to make disciples. But Scripture never asks us to choose. These belong together.

There is a danger to the left. Ministry can become just social service. It becomes service provision rather than relationship, professional-to-client rather than peer-to-peer. Funding constraints can gag the message, and even good work can end up perpetuating disadvantage if it never moves beyond providing help.

But there is a danger to the right as well. The message can be reduced to information and stripped of content. Mission becomes a technique. Evangelism becomes a script. At its worst, it becomes megaphone evangelism: loud, direct, and disconnected from people's actual lives.

So we need to get intentional. We meet felt need, because that is what compassion does. But we also look for tenuous links: people who are around the edges, not regular, not yet engaged in small groups, not deeply connected. And then, with ruthless intentionality, we personally invite them further in. Personal invites matter. They say, "You are seen. You are wanted. Come further in." This is what it is to live the compelling life.

Dean's Desk

Thanks to those who joined in with the livestream last Sunday night from St Paul's Melbourne. It was particularly moving to be present at the dedication of a memorial to Lachlan Redd. ++Ric's sermon I thought was on point and inspiring.

We had a training session for our Liturgical Assistants yesterday. I want to take a moment to thank those who inhabit this ministry for their leadership in our worship across the parish (many of our LAs are also Lay Readers): Christine, Trish, Kaye, Iain, Kevin, and Alan. God bless you for the way you hold space for us as we worship.

Coming up next Sunday Chapter will be meeting. Please pray for those who are on Chapter this year: Kevin, Iain, Christine, Maria, Steph, Nancy, Kathy, Merryn, Val, and Michael and Jan who are synod reps.

And this year we'll be hosting the National Deans' Conference over the 22nd -27th July. Please pray for those who are organising the conference, and for our Deans as they travel from all over Australia (and one from NZ!) to be here. And prepare to make them welcome!

Keren



Last Sunday a large group of choristers including Caroline and Jessica had the great joy to join with musicians from [St Paul's Cathedral, Melbourne](#) and the province of Victoria for the Provincial Eucharist for the Feast of St Peter and Paul. They are pictured next to Dean Keren.



A memorial to Lachlan Redd, pictured at the organ looking in the mirror at the Director of Music. Dedicated last Sunday at St Paul's Melbourne.

Craft Group is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour. Beanie knitting has started ready to donate to the Mission to Seafarers in July. More information Phone Jenny 0457 455 503

July Mission of the Month: The Mission to Seafarers is an international mission of the Anglican Church. MTS cares for the practical and spiritual welfare of seafarers of all nationalities and faiths. There are 230 Mission sites around the world.

At the four centres in Victoria – Melbourne, Portland, Geelong and Hastings – work is carried out by a small number of staff, chaplains and volunteers who give freely of their time 365 days of the year.

Each centre houses the 'Flying Angel Club' where seafarers are welcomed by a friendly face and can contact their families by phone or internet, and receive

counselling during times of injustice or distress. The MtSV ship visiting program supports crew who do not receive shore leave and is a vital service to ensure these crew have the provisions and support they require.

While most seafarers are well treated, some are still abandoned in ports far from their homes, or remain unpaid or forced to work in unsafe or unacceptable conditions. In such situations, the Mission plays a vital role in providing practical care and moral support.

See the display in the foyer for more information, or go to:

<https://www.mts.org.au/> or <https://www.missiontoseafarers.org/sea-sunday>

Next Sunday 12th July is Sea Sunday, when we will collect the beanies and scarves, either hand-knitted or donated ready-made. Thanks to the craft group for all their work, to those who go out hunting, and to those who pray. Monetary donations can also be made by placing funds in an envelope marked Mission to Seafarers and putting in the collection bag at church.

We are continuing to support local state **primary schools with breakfast items**. Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

BOOKS CD's and DVD's NEEDED!!!

We are collecting for the next Giant Book Fair, but need help in filling the container with **newer fiction books**. Spread the word!

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons: (*Their Portfolio*)

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** TBA

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Affirmations for Pentecost 2026:

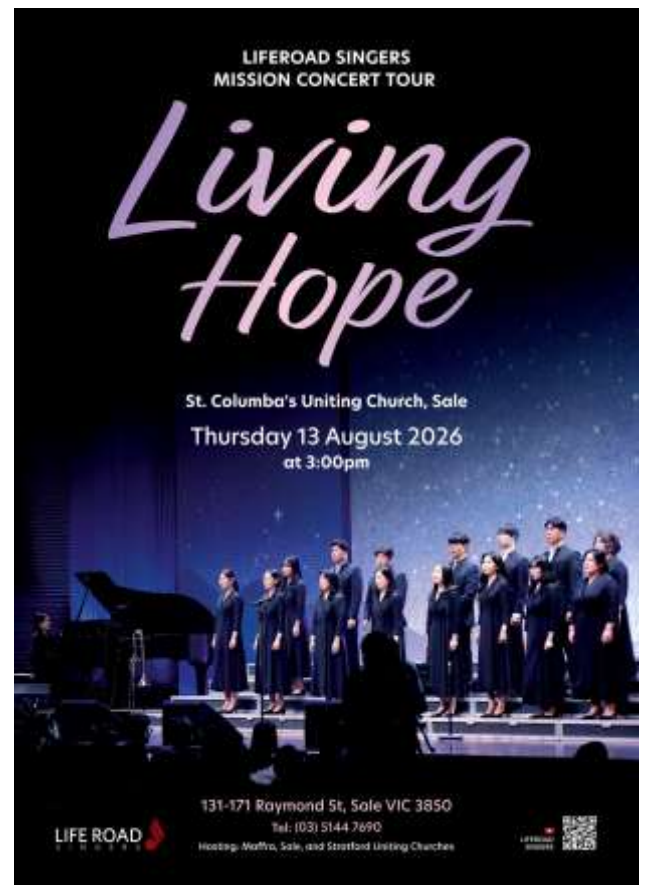
God loves me. God loves the people of this parish.

God loves our community. God is with us; Jesus prays for me, for St Paul's, for our world; the Spirit prays in us with sighs too deep for words.

We are held in the love of the Trinity. God goes before us. God give us eyes to see and hearts to respond to where you are already at work in our world.



Piano Concert
on the theme of "Twilight"
with returning Pianist Dr Zachary Dunbar
Sunday 30th August 2026 2-4pm
St Paul's Cathedral 149 Cunninghame St Sale
Tickets: \$35 Concession \$30 Children FREE
RSVP for catering . Pay cash or card on the day
Tickets includes afternoon tea
<https://events.humanitix.com/piano-concert->
or stpaulssale@wideband.net.au
All proceeds in aid of **ASRC** Asylum Seeker Resource Centre
An afternoon of Musical Splendor



LIFEROAD SINGERS
MISSION CONCERT TOUR
Living Hope
St. Columba's Uniting Church, Sale
Thursday 13 August 2026
at 3:00pm
131-171 Raymond St, Sale VIC 3850
Tel: (03) 5144 7690
Hosting: Morfyo, Sale, and Stratford Uniting Churches

If you would like a spot of humour, check out
Derek the Cleric on facebook, or
<https://andyrobb.co.uk/derek-the-cleric/>

