



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

Parish in being God's beating heart for our communities.

19th July 2026

Pentecost 8

Sentence from Scripture

You, O Lord, are a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness. *Psalm 86.15*

Prayer of the Day

Saving God,

in Jesus Christ you opened for us
a new and living way into your presence:
give us pure hearts and constant wills
to worship you in spirit and in truth;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy
Spirit, one God, now and for ever
Amen.

Year of Prayer 2026

Lord, teach us to pray.

Teach us to listen to your voice
and to hear your word.

Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am **Wednesdays - 10.00am** in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: **Evening Prayer:** **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589
Email: julie@kooyoorra.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A reading from the Prophet Isaiah

Thus says the Lord, the King of Israel
and his Redeemer, the Lord of hosts:

I am the first and I am the last;
besides me there is no god.

Who is like me? Let them proclaim it,
let them declare and set it forth before me.

Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?

There is no other rock; I know not one. *Isaiah 44.6-8*

Hear the word of the Lord. **Thanks be to God.**

Psalm 86.11-17

Show me your way, O Lord, and I will walk in your truth:
let my heart delight to fear your name.

I will praise you, O Lord my God, with all my heart:
and I will glorify your name for ever.

For great is your abiding love toward me:
**and you have delivered my life
from the lowest depths of the grave.**

The insolent, O God, have risen against me:
**a ruthless band seek my life,
they have not set God before their eyes.**
But you, Lord, are a God gracious and compassionate:
slow to anger, full of goodness and truth.
Turn to me and be merciful,
give your strength to your servant:
and save the child of your handmaid.
Show me some token of your goodness:
**that those who hate me may see it and be ashamed,
because you, Lord, are my helper and my comforter.**

A Reading from a Letter to the Romans

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh— for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, ‘Abba! Father!’ it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him. I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.*Romans 8.12-25*
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew Glory to you Lord Jesus Christ.

He put before them another parable: ‘The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, “Master, did you not sow good seed in your field? Where, then, did these weeds come from?” He answered, “An enemy has done this.” The slaves said to him, “Then do you want us to go and gather them?” But he replied, “No; for in gathering the weeds you would uproot the wheat

along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.” ’ Then he left the crowds and went into the house. And his disciples approached him, saying, ‘Explain to us the parable of the weeds of the field.’ He answered, ‘The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen! *Matthew 13.24-30, 36-43*
For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection

Romans 8 is a favourite passage... and the bit we read today speaks so powerfully to me of the "three groanings": we groan, creation groans, the Spirit groans in us with sighs too deep for words, as we await the new life that is coming. Paul likens this wait to labor pains - as if the Spirit in us gives birth to hope, making us children who can call God "Abba", Father. We wait, and waiting can involve suffering, but that suffering produces hope in us for what will be. What a comfort to know that we do not suffer alone, but the Spirit of God is alongside us in our weakness and pain. I love that this part of the passage ends with the idea that as we wait, hope increases. May we approach this coming week full of the hope of what God will do in us, expectant that the one who is greater than any parent to us will do yet greater things with us, where he has gone ahead of us in the world.

Dean's Desk

Please be prayerful this week for all the Deans travelling from around Australia to be with us, meeting as the National Deans' Conference, from Thursday 22nd through to Monday 27th.

Next Sunday there will be **just one service at 10am**, as we celebrate St Anne's Day with involvement from Gippsland Grammar, and with the presence of the Deans from across the country. The Very Reverend Gavin Krebs from the Diocese of Canberra-Goulburn will be our preacher at this service.

A huge thank you to the wonderful folk who care so assiduously for our roses, gardens and lawns, and a particular thanks to Grant, Peter, and Rob who did a masterful job recently pruning the deanery fruit trees. You may also have noticed the removal of some of the roses from in front of the Chapter House: this is because they have for some time been failing to flourish in hard soil.

We are also removing the pencil pines and one of the jacarandas because of issues with roots. For now it will be returned to lawn.

Please continue to pray for the Reverend Kate, whose hip surgery went well. She'll be out of action until at least the end of August as she recovers.

There's no contemplative service today, given that it is dark and cold early.

You may notice, if you're sharp-eyed, that the grand piano has keys again! The innards of the piano have been having a "spa-treatment" holiday with the piano tuner, being sanded back and re-sited, and other work done to bring them back to ship-shape standard. It feels amazing to play now, almost like new. We continue to give thanks for the generosity of the late Roger Doyle, from whose bequest the monies to have this work carried out will be taken.

Lastly, please hold the Alexander family in your prayers as they prepare for Carol Alexander's funeral which will be on Monday at 11am.

Keren

Notes from Chapter

At Chapter last Sunday we reflected on two questions Bishop in Council is asking all parishes to answer: Where has God been at work in your parish? Where have you seen opportunities to join in God's work in the community? Our answers, reflecting on the last 6 weeks since our last meeting:

- The cathedral hosted 2 baptisms, and a wedding
- The death of Jan Kewley was sad and rocked us, but with it has come a sense of peace as a community – she's in a better place, free of pain. We not grieve as those without hope... Sense of God's presence in our community through that experience.
- Things are starting to stir up at Gippsland Grammar. Suggestion of opportunity for conversations around faith with students.
- There are many ways to worship God – extension beyond our comfort zones.
- AMW Choir: we have conversations around faith/belonging.
- People willing to step up and help with technology AV – Maria, Steph and Tim particularly.
- Visitors have attended a couple of times – which suggests that people are finding our church to be a safe place (and warm!)

We also have some new dates for our diaries including the **Blessing of backpacks and briefcases on Sunday 31st January next year**, to mark the beginning of the school year.

Please put this, and the below dates in your diaries, as we have in ours!

Coming up:

Sunday 2nd August at 2pm: we'll be holding a **celebration of the Reverend Thelma Langshaw's long ministry**, especially at Omeo. Thelma also used to come down to take the Wednesday service here at St Paul's, and has long been a friend of our cathedral. Please come along to support her and those treasured friends who will be giving thanks for her ministry.

(At Uniting Church, 13th August 3pm, Living Hope Choir Concert)

Sunday 5pm 23 August **Season of Creation Launch at the Anglican Schools Evensong -**

Sunday 2pm 30th August Grand Piano Concert with Dr Zachary Dunbar.

Sunday afternoon 4 October: St Paul's **Cathedral Musicians Concert**

Saturday 21 November **Hymnfest** with the Sale City Band –

Craft group update:

Beanie delivery to Mission to Seafarers in Melbourne. Friday 24th July leaving on the 7:14 train. Book your own ticket and join in the fun of delivering the Beanies.

Craft Group is whatever people who come want it to be. 10am Thursdays.

Come for a cuppa and a chat, stitch, knit, crochet, colour.

Beanie knitting has started ready to donate to the Mission to Seafarers in July.

More information Phone Jenny 0457 455 503

July Mission of the Month: The Mission to Seafarers is an international mission of the Anglican Church. MTS cares for the practical and spiritual welfare of seafarers of all nationalities and faiths. There are 230 Mission sites around the world. At the four centres in Victoria – Melbourne, Portland, Geelong and Hastings – work is carried out by a small number of staff, chaplains and volunteers who give freely of their time 365 days of the year.

Each centre houses the 'Flying Angel Club' where seafarers are welcomed by a friendly face and can contact their families by phone or internet, and receive counselling during times of injustice or distress. The MtSV ship visiting program supports crew who do not receive shore leave and is a vital service to ensure these crew have the provisions and support they require.

While most seafarers are well treated, some are still abandoned in ports far from their homes, or remain unpaid or forced to work in unsafe or unacceptable conditions. In such situations, the Mission plays a vital role in providing practical care and moral support.

See the display in the foyer or <https://www.mts.org.au/> Monetary donations can also be made by placing funds in an envelope marked Mission to Seafarers and putting in the collection bag at church.

We are continuing to support local state **primary schools with breakfast items**
Donations can be left in the breakfast club basket in the foyer.
Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

BOOKS CD's and DVD's NEEDED!!!

We are collecting for the next Giant Book Fair, but need help in filling the container with **newer fiction books**. Spread the word!

Internet Bank Transfer: Cathedral's ministry and mission
BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons: *(Their Portfolio)*

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** TBA

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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Affirmations for Pentecost 2026:

God loves me. God loves the people of this parish.

God loves our community. God is with us; Jesus prays for me, for St Paul's, for our world; the Spirit prays in us with sighs too deep for words.

We are held in the love of the Trinity. God goes before us. God give us eyes to see and hearts to respond to where you are already at work in our world.

The Abbey Winter Feast 2026

Saturday September 12, 2026 12.00pm start

Your Chef – The wonderful Jackie O'Connell

Come and celebrate with other Friends of The Abbey as we enjoy gourmet creations- a 3-course meal, with wine. \$60 per person

All funds raised are for the operation of The Abbey

Phone: The Abbey on (03) 5156 6580 Email: info@theabbey.org.au

 **Piano Concert**
on the theme of "Twilight"
with returning Pianist Dr Zachary Dunbar

Sunday 30th August 2026 2-4pm
St Paul's Cathedral 149 Cunninghame St Sale

Tickets: \$35 Concession \$30 Children FREE
RSVP for catering . Pay cash or card on the day
Tickets includes afternoon tea
<https://events.humanitix.com/piano-concert-or-stpaulssale@wideband.net.au>

 All proceeds in aid of **ASRC** Asylum Seeker Resource Centre

An afternoon of Musical Splendor

LIFEROAD SINGERS
MISSION CONCERT TOUR

Living Hope

St. Columba's Uniting Church, Sale
Thursday 13 August 2026
at 3:00pm



131-171 Raymond St, Sale VIC 3850
Tel: (03) 5144 7690
Hosting: Maffra, Sale, and Stratford Uniting Churches

LIFE ROAD  

Season of Creation Launch
at the Anglican Schools Evensong

 **23 AUGUST, 2026**
5PM

 **ST PAULS CATHEDRAL, SALE**
AND ONLINE

Speaker: Jo Knight
CEO of Anglican Overseas Aid
and author of Called to Care

Followed by light refreshments

 

For more information:
davidp@gippslandanglicans.org.au



If you would like a spot of humour, check out **Derek the Cleric** on facebook, or <https://andyrobb.co.uk/derek-the-cleric/>