



# St Paul's Cathedral, Sale / Wayput

**St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport**

*We acknowledge the Gunaikurnai people as the original custodians of this region.*

*All churches of the parish stand on the lands of the Gunaikurnai people.*

**Dean: The Very Reverend Keren Terpstra** 0438 220 878

KerenT@gippslandanglicans.org.au

**Cathedral Office:** 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

**Phone:** 5144 2020 **email:** stpaulssale@wideband.net.au

**Website:** stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

**YouTube:** St Paul's Cathedral Sale

**Cathedral Parish Vision:** *To lead the Cathedral*

*Parish in being God's beating heart for our communities.*

**30<sup>th</sup> August 2026**

**Pentecost 14**

## Sentence from Scripture

If you want to become a disciple of Jesus, deny yourself, take up your cross and follow him. *Matthew 16.24-25*

## Prayer of the Day

O God,

whose Son has shown the way of the cross  
to be the way of life:

transform and renew our minds  
that we may not be conformed to this world  
but may offer ourselves wholly to you as a  
living sacrifice

through Jesus Christ our Saviour;  
who lives and reigns with you and the Holy  
Spirit, one God, now and for ever. **Amen**

## Year of Prayer 2026

Lord, teach us to pray.

Teach us to listen to your voice  
and to hear your word.

Teach us to offer our hearts to  
you in love and to know your  
love. Teach us to forgive and be  
forgiven. Teach us to give our  
lives in your service and to do  
your will. Teach us to pray, and  
pray in us, Lord Jesus. Amen.

## Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** **Wednesdays - 10.00am** in the Lady Chapel

*Sunday Evenings* 3<sup>rd</sup> Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

## Outcentre Services:

**St Anne's Golden Beach** 10.30am 1<sup>st</sup> Sunday & 3<sup>rd</sup> Sunday of the month

**St Alban's Kilmany** 2.00pm 3<sup>rd</sup> Sunday of the month (Not in December or January)

**St Mark's Loch Sport** *No Services*

**Zoom Links:** Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

**Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

*Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217*

*[mhtoms@westnet.com.au](mailto:mhtoms@westnet.com.au)*

*Honorary Deacon Rev'd Kate Campbell 0402514829 [khcampbell55@gmail.com](mailto:khcampbell55@gmail.com)*

***Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.***

***We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.***

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: [julie@kooyoora.org.au](mailto:julie@kooyoora.org.au) You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

### **Cathedral Prayer Chain Requests**

Please contact Trish Broadbear 0418 104 840

**The prayer chain is for anyone in need of prayer**

### **A Reading from the Book of Jeremiah**

O LORD, you know; remember me and visit me, and bring down retribution for me on my persecutors.

In your forbearance do not take me away; know that on your account I suffer insult. Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, for I am called by your name, O LORD, God of hosts.

I did not sit in the company of merrymakers, nor did I rejoice; under the weight of your hand I sat alone, for you had filled me with indignation. Why is my pain unceasing, my wound incurable, refusing to be healed?

Truly, you are to me like a deceitful brook, like waters that fail. Therefore thus says the LORD: If you turn back, I will take you back, and you shall stand before me. If you utter what is precious and not what is worthless, you shall serve as my mouth. It is they who will turn to you, not you who will turn to them.

And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, says the LORD.

I will deliver you out of the hand of the wicked and redeem you from the grasp of the ruthless.

*Jeremiah 15:15-21*

Hear the word of the Lord. **Thanks be to God.**

### **Psalm 26:1-8**

Give judgement for me, O Lord,  
for I have walked in my integrity:

**I have trusted in the Lord and not wavered.**

Put me to the test, O Lord, and prove me:  
**try my mind and my heart.**

For your steadfast love has been ever before my eyes:

**and I have walked in your truth.**

I have not sat with deceivers:

**nor consorted with the hypocrites;**

I hate the assembly of the wicked:

**I will not sit with the ungodly.**

I wash my hands in innocence, O Lord:

**that I may go about your altar,**

And lift up the voice of thanksgiving:

**to tell of all your marvellous works.**

Lord, I love the house of your habitation:

**and the place where your glory dwells.**

### **A Reading from the Letter to the Romans**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

*Romans 12.9-21*

Hear the word of the Lord.      **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew

**Glory to you Lord Jesus Christ.**

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.' Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? 'For the Son of Man is to come with his angels in the

glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.' *Matthew 16.21-28*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

## **Reflection**

The Romans 12: 9-21 reading exhorts us: Let love be genuine, .... to hold fast to what is good; to love one another with mutual affection; outdo one another in showing honour. These words are just words until we put them in action and herein the rubber hits the road so to speak.

The readings today take us on a journey of the challenges we face as God's people to hear and embrace the reality of the joys, cost and challenges to live out our lives as outlined in the Roman's.

We read of Jeremiah's words 15:16: Your words became to me a joy and delight to my heart; for I am called by your name, O God of hosts. In the midst of his ministry to speak out about injustice Jeremiah finds comfort in God's words as he faces ridicule and great suffering.

How different is Peter's response to Jesus foretelling of his death and resurrection in the Matthew 16: 22-23. Peter takes it upon himself to rebuke Jesus; saying, 'God forbid it, Lord! This must never happen to you'. Jesus turns to Peter and says: 'Get behind me Satan! You are a stumbling block to me; for you set your mind not on divine things but on human things.' Peter, "the rock on which the church will be built" is still holding onto his way not God's way.

The readings today remind us of the importance/challenge of looking beyond our own understanding and to God. Only then can we love genuinely, hold fast to what is good and to love God and our neighbour as ourselves as Jesus commanded each of us and as the Romans 12: 9-21 exhorts us.

*Blessings Rev Jenny.*

## **From Rev Heather**

Last Sunday's Evensong was a grace-filled gathering, with a wonderful attendance as we launched the Season of Creation. We were blessed by the musical gifts offered so generously by students from St Paul's Anglican Grammar and Gippsland Grammar, whose presence added such beauty to our worship. We were also delighted to welcome Jo Knight, author of *Called to Care*, as our guest speaker for the launch. Her passionate reminder that we are all part of God's creation — and called to care for the world God has entrusted to us — brought a gentle depth to the evening and affirmed the faithful work of caring communities.

Our warm thanks go to the Catering Team, whose thoughtful and tireless work shaped an evening of welcome and hospitality. These small acts of service — often unseen — are indeed seen and blessed by God, and they remind us how joyfully we

can serve one another. We remain deeply grateful for the many acts of servanthood offered by our church community week by week.

This Sunday we continue to give thanks for the gifts God places among us — especially the gift of music and those who share it so freely. At 2pm we welcome Dr Zachary Dunbar for a Grand Piano Concert, and on Sunday afternoon 4 October we will gather again for the St Paul's Cathedral Musicians Concert. May these offerings deepen our sense of beauty, community, and God's quiet abundance.

As we move through the coming weeks, please note that I will be away until 25 September, travelling in Japan and Vietnam. During this time Rev Jenny and Tony Wicking will be your locum clergy, and Rev Kate Campbell and Rev David Perryman will be available for any urgent matters. Dr Iain Nicholson will lead the Lady Chapel Services on Wednesday's, and we are grateful for all who support the parish during this time.

Let us continue to hold our church community, and the wider community we serve, in our prayers — trusting that even our small faithfulness becomes part of God's gentle work in the world.

*Reverend Heather*

### **Chapter report:**

Chapter members were asked, "*Where has God been in our midst?*"

Replies included: the request for a bible, twice, visitors being able to look in the cathedral, as someone with a key was around — often just being in the right place at the right time.

Keren had two pieces of encouragement for how our services are touching hearts and minds. God is at work locally, and in our much wider (and online — from Thailand) community.

There is a real openness to engagement with the Gippsland Grammar in different ways — Mustard Seeds on Mondays (faith exploration group), potential partnership for social enterprise? We asked, "Can we tap in and run confirmation classes for Gippsland Grammar?"

Following the devastation of a **catastrophic flash flood in Nepal** leaving communities devastated, many organisations are requesting money.

One email is from Jo Knight, CEO of **Anglican Overseas Aid** — last weeks Evensong preacher. <https://anglicanoverseasaid.org.au> (Donation link on this page) AOA's partner, International Nepal Fellowship, will deliver emergency shelter, food relief, safe drinking water, and early recovery to those who need it most. Your gifts will allow them to reach those most in need. Those who have lost family, lost homes, lost their livelihoods.

*Money can also be placed for them in a suitably marked envelope in our offering bowl.*

## Prayer Tree

Come and sit by the tree, tie a prayer on a branch, and enjoy some quiet time in the garden.

**‘Called to Care’ study groups: September online, October Cathedral.**

**Following on from this service, ACTinG is offering an online fortnightly discussion group at 7.30pm on Tuesdays in September.** 1<sup>st</sup> September: Cath Connelly; 15<sup>th</sup> September: Dean Spalding; 29<sup>th</sup> September: Jack Beamish. Email [acting@gippslandanglicans.org.au](mailto:acting@gippslandanglicans.org.au) for more info or to register and receive the Zoom link. Or ring Jan D: 0405 812 518

**Rev Heather Toms will also be running a three session study group at the Cathedral in October.**

Copies of *Called to Care* (now short-listed for Australian Book of the Year) are available from: <https://calledtocare.co/products/called-to-care>

## Coming up:

*Sunday afternoon 4 October:* **St Paul’s Cathedral Musicians Concert**

*Saturday 21 November* **Hymnfest** with the Sale City Band –

Blessing of backpacks and briefcases on Sunday 31<sup>st</sup> January next year

## **Belong before believe – Online Workshop**

It’s for church leaders hoping to make the most of mission opportunities presented by programs like: mainly music, Playgroup, Kids club, Opp Shop English conversation group, Community Meals, , or any other regular activity where the church meets the felt needs of people in the wider community.

The course helps leaders optimise the possibility smooth transitions from these activities to faith discovery environments like Alpha, discovery bible study or Christianity explained. This **90-minute workshop** introduces the idea of belonging as a precursor to believing and explores how belonging environments can be curated to be an effective step in a faith pathway.

Online Thursday August 27th 2026 from 10:00 AM to 11:30 AM

Register here <https://pathways4mission.com/events/>

Cost \$38.50 per participant

## **'WHY KIDS MINISTRY MATTERS'**

**led by BCA 4 Kids Coordinator, Rachel Dirks**

**Saturday 26 September 9-11am St Paul’s Cathedral, Sale**

For many of us we know having kids in church is important, though often the question is asked, where are the children? In recent years the decline of the younger generation's attendance has been something people have shared concerns over.

In this training we want to look at the data of what is actually happening and why.

Then spend some time asking the question how we can welcome kids into church well and discover ways that we can bless and love families? What would make the difference in creating a welcoming space for children today in our church.

If you would like to learn how your small part can make a big difference, please come along so we can learn together about why this ministry matters so much and how we under God can grow it for the glory of Jesus.'

**RSVP via email or online: [davidp@gippslandanglicans.org.au](mailto:davidp@gippslandanglicans.org.au)**

**Craft Group** is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour. More information Phone Jenny 0457 455 503

### **BOOKS CD's and DVD's NEEDED!!!**

We are collecting for the next Giant Book Fair, but need help in filling the container with **newer fiction books**. Spread the word!

We are continuing to support local state **primary schools with breakfast items** Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

**10c recycling** Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

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| <p><b>Internet Bank Transfer: Cathedral's ministry and mission</b><br/>BSB 013-795 Account no: 4962-98866 Ref: Offering etc.</p> |
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### **PARISH CONTACTS**

**Lay Canons:** *(Their Portfolio)*

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)  
[kevincameron560@gmail.com](mailto:kevincameron560@gmail.com) Christine Morris OAM (Property) 0438595056

**Chapter St Paul's reps:**

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano  
**St Alban Kilmany rep** Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

**Synod Reps:** Jan & Michael Down **Mission Rep:** TBA

**Music:** Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

**Flowers:** Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

**Opening church / lunches:** Kathy Jackiw

**Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin**

**Web, Facebook:** Christine Morris OAM 0438 595 056 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)

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### **Affirmations for Pentecost 2026:**

God loves me. God loves the people of this parish.

God loves our community. God is with us;

Jesus prays for me, for St Paul's, for our world;  
the Spirit prays in us with sighs too deep for words.

We are held in the love of the Trinity.

God goes before us. God give us eyes to see and hearts to respond  
to where you are already at work in our world.

## **The Abbey Winter Feast 2026**

**Saturday September 12, 2026 12.00pm start**

a 3-course meal, with wine. \$60 per person

*All funds raised are for the operation of The Abbey*

Phone: The Abbey on (03) 5156 658 0 Email: [info@theabbey.org.au](mailto:info@theabbey.org.au)

**CAKE STALL  
& CAR BOOT  
SALE**

Cash Only

**SEPTEMBER 5<sup>TH</sup> 2026  
FROM 9AM**

St John's Anglican Church, Maffra  
(Cnr Church & Thomson Streets)

Sites Available For All Enquiries:  
Email - [ogilviem12@gmail.com](mailto:ogilviem12@gmail.com) or find us  
on facebook @ St Johns Anglican Parish of Maffra

Handmade Items for Sale Plants for Sale

Biscuits, Cakes  
& Slices

Yummy Baked Treats Fathers Day Raffle



If you would like a spot of humour, check out **Derek the Cleric** on facebook, or <https://andyrobb.co.uk/derek-the-cleric/>