

St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region. All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878
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Cathedral Parish Vision: *To lead the Cathedral Parish in being God's beating heart for our communities.*

29th November 2026
Advent 1

Sentence from Scripture

Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths. *Isaiah 2.3a*

Prayer of the Day

Eternal God,
through long generations
you prepared a way
for the coming of your Son,
and by your Spirit
you still bring light to illumine our paths:
renew us in faith and hope
that we may welcome Christ
to rule our thoughts and claim our love;
to whom be glory for ever. **Amen**

Year of Grace Prayer

God of love,
Your compassion for people knows no bounds.
Give us grace that we may know the presence of Jesus in us and with us: in words of scripture,
in water, bread and wine,
in the face of each other.
Transform our lives by your Spirit and give us your heart of compassion, so that we may make the transforming love of Christ known to all. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am **Wednesdays - 10.00am** in the Lady Chapel
Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**
Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach	10.30am	1st Sunday **&** 3rd Sunday of the month
St Alban's Kilmany	2.00pm	3rd Sunday of the month (Not in December or January)
St Mark's Loch Sport		*No Services*

Zoom Links: **Evening Prayer: Daily at 5.30pm - 6.00pm**
Meeting ID: 879 3927 8803 Passcode: Prayer
Meditation: **Weekdays: silent Christian Meditation, 8.15am-8.45am**
Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: **Rev'd Heather Toms** 0400 512 217
mhtoms@westnet.com.au
Honorary Deacon **Rev'd Kate Campbell** 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people. We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests
Please contact Trish Broadbear 0418 104 840
The prayer chain is for anyone in need of prayer

A Reading from The Book of Isaiah

O that you would tear open the heavens and come down,
so that the mountains would quake at your presence—
as when fire kindles brushwood
and the fire causes water to boil—
to make your name known to your adversaries,
so that the nations might tremble at your presence!
When you did awesome deeds that we did not expect,
you came down, the mountains quaked at your presence.
From ages past no one has heard,
no ear has perceived,
no eye has seen any God besides you,
who works for those who wait for him.
You meet those who gladly do right,
those who remember you in your ways.
But you were angry, and we sinned;
because you hid yourself we transgressed.
We have all become like one who is unclean,
and all our righteous deeds are like a filthy cloth.
We all fade like a leaf,
and our iniquities, like the wind, take us away.
There is no one who calls on your name,
or attempts to take hold of you;
for you have hidden your face from us,
and have delivered us into the hand of our iniquity.
Yet, O Lord , you are our Father;
we are the clay, and you are our potter;

we are all the work of your hand.
Do not be exceedingly angry, O Lord ,
and do not remember iniquity for ever.
Now consider, we are all your people. *Isaiah 64.1-9*
Hear the word of the Lord. **Thanks be to God.**

Psalm 80.1-7, 17-19
Hear, O Shepherd of Israel,
you that led Joseph like a flock:
you that are enthroned upon the cherubim,
shine out in glory;
Before Ephraim, Benjamin and Manasseh:
stir up your power, and come to save us.
Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
O Lord God of hosts:
how long will you be angry at your people's prayer?
You have fed them with the bread of tears:
and given them tears to drink in good measure.
You have made us the victim of our neighbours:
and our enemies laugh us to scorn.
Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.
Let your power rest on the man at your right hand:
on that son of man whom you made so strong for yourself.
And so we shall not turn back from you:
give us life, and we will call upon your name.
Restore us again, O Lord of hosts:
show us the light of your countenance,
and we shall be saved.

A Reading from the First Letter to the Corinthians
Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes, To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours: Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind— just as the testimony of Christ has been strengthened among you— so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless

on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord. *1 Corinthians 1.1-9*
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Mark
Glory to you Lord Jesus Christ.
'But in those days, after that suffering,
the sun will be darkened,
and the moon will not give its light,
and the stars will be falling from heaven,
and the powers in the heavens will be shaken.
Then they will see "the Son of Man coming in clouds" with great power and glory.
Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.
'From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near.
So also, when you see these things taking place, you know that he is near, at the very gates.
Truly I tell you, this generation will not pass away until all these things have taken place.
Heaven and earth will pass away, but my words will not pass away.
'But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father.
Beware, keep alert; for you do not know when the time will come.
It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch.
Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn,
or else he may find you asleep when he comes suddenly.
And what I say to you I say to all: Keep awake.' *Mark 13.24-37*
For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

<u>Theme for Advent:</u> Refresh my heart

"Those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." *John 4:14*

One of the graces God offers us in the incarnation is the grace of his presence, and along with it the grace of salvation and hope, and refreshment of spirit. This year we're using the well as a symbol of God's gifts and grace to us. Each week we'll be using the well as a focal point for thinking about God's grace as we prepare to celebrate the birth of Jesus, who is the ultimate gift to the world of God's hope, peace, joy, and love.

Advent 1

Focus: Thirst – coming to the well. Acknowledging our need and turning to Jesus, the source of life. “Come, all you who are thirsty, come to the waters.” Isaiah 55:1

Today we light the **Candle of Hope.**

Preparing today for whatever tomorrow brings. For communities in flood-prone areas of Indonesia, being prepared before disaster strikes can make an enormous difference.

Act for Peace works with local partner Yayasan Cita Wadah Swadaya (YCWS) to strengthen community led disaster preparedness. In Katimbang Village, a Kampung Siaga Bencana (KSB) — a community based disaster preparedness committee — trains local people to share early warnings, support those Musdalia is Deputy Chair of the KSB and serves as Kitchen Coordinator during floods. Women play a significant role in the team, including in leadership positions. Musdalia says that training, equipment and clearly defined roles have helped the community become more organised and better able to respond. Today, the KSB connects seven neighbourhoods, strengthening communication and coordination when disaster strikes.

Christmas Bowl envelopes will be available soon, or use the QR code.

Dean's Desk

A HUGE thank you to everyone who came to support Gippsland Grammar's Choralfest on Friday night: it was a beautiful service. Thanks to our so faithful catering team; Nancy and friends were here the whole day, catering for a wake in the early afternoon before catering for the afterparty for Choralfest. Their dedication is admirable: many, many thanks for the hard work you put in, folks. And congratulations to Dr Kevin Cameron and the company from Grammar, the Schoir, the strings, EA who played the organ, and everyone who participated. I sat through the service feeling ever so proud of the way our cathedral parish hosts and makes welcome our wider community.

Also on Friday morning we welcomed Tonya Peters from Compassion Australia, which aims to lift children out of poverty. She joined us for morning prayer, and then spoke about the work Compassion does, sharing some of the stories of transformation through the local churches Compassion partners with.

Today Advent begins, and with it, a new church year. This year, as I announced in my Dean's report to the AGM, is the Year of Grace, so I encourage you to start using and praying the prayer on the front of the pew sheet as often as you can wave it in front of your eyes!

This coming week we'll be welcoming St Anne's Campus to the Cathedral on Monday for their Christmas Services - this year, the Nativity will be acted out by

Foundation students (cuteness factor A+++!). Please pray for the families who will attend, and for all the students, that they may hear the story of Christmas once more, with wonder and awe.

Advance notice, too: Middle of Everywhere Christmas Parade is next Saturday 5th December, with Community Carols in the Gardens on Tuesday 8th.

And the Care and Culture team are hosting the annual Parish Volunteers lunch on Saturday 12th December at midday. We'd like to encourage anyone who has helped in any way in the parish through the course of the year to come along - everyone is welcome. Please put your name on the sheet in the foyer, or let Kaye Harrington know if you are intending to come.

Lastly, our own service of Nine Lessons and Carols will be on Sunday 13th December at 7pm. It's a not-to-be-missed occasion!

Keren

We are having a **"Thank you" lunch** for all our volunteers and members of the congregation on Saturday 12th December at 12 noon in the hall. We hope you will join us to make this a joyous occasion. For catering purposes could you please sign the sheet in the foyer if you are able to attend.

Wednesday Lady Chapel Services will be in recess from Dec 16th and recommence on 3rd February 2027.

The **Combined Churches** are once again having an entry in the **Christmas parade** 5pm Saturday 5th December, followed by a 'stall' with free Bibles and other info, as well as what the local churches are doing over the Christmas season. Please support them, pray for those involved, and if anyone wants to dress up and be in the nativity in the parade, or walk with the banner (not dressed up) see Christine.
The same 'stall' will be at the Carols by Candlelight on Tuesday the 8th.

16 Days of Activism Against Gender-based Violence - 25 November through 10 December

This intentional annual time of reflection and action spans the period between the International Day for the Elimination of Violence Against Women (25 November) and International Human Rights Day (10 December).

Almighty God,
We thank you that by your powerful word you are active in the world. You support and encourage the oppressed, the exploited and the vulnerable because all lives are precious and treasured in your sight. We thank you for sending us your Son Jesus to model for us a better way to relate to one another, and to proclaim the hope of your kingdom where all may know your peace. We are sorry for the times we have not valued and respected one another because of differences of gender, culture, or ability, and so have offended your holy love given equally to all. By your Holy Spirit

help us to celebrate the diversity of the gifts you have given, to live out your way of peace, and to faithfully follow Jesus Christ our Lord, in whose name we pray. Amen.

Thank you to everyone who provided food that was distributed to the **Breakfast Clubs** at 545, Guthridge and Araluen Primary Schools during this year.
The school's have been very grateful for the generosity of St. Paul's Cathedral congregation and the students have enjoyed the variety of food donated.
This intentional way of connecting with our community fits in with the Strategic Pillar's, 3. "How do our hearts beat for God?" (Culture) and 4. "Who are we at heart?" (Identity)
Kathy Jackiw

As is obvious in the hall, we have a book fair coming up!
Many thanks to Rob S for coming at **7am** to move books across from the container, and to Joseph and Matthew for moving the long heavy trestle tables, **mostly** missing the rain! Then Helen H, Jan D and Nancy helped to sort the OZ Fiction section. It seems we have similar amount of fiction books, but with none in reserves.
So, we must have an extra large non fiction amount of books to fit somewhere!?!

November Mission of the Month: Anglicare Victoria – Christmas appeal
1. ***Toys and Christmas food appeal***
One way to help local families in need this year is to donate **non-perishable Christmas food or unwrapped gifts** for babies to 18 year-olds. Teenagers often appreciate gift vouchers.
Please place in the basket under the Missions board in the foyer and these gifts will be delivered to Anglicare in Morwell / Traralgon.
Thank you!
2. ***Another way to help (online) this year***
Anglicare Victoria has a choice of 12 different gift cards, including:
Christmas Fun for Families $100, Chaplaincy Support $50, Christmas Lunch $20
Stock the Community Pantry $30
See the whole range and purchase a gift here: https://christmas.anglicare.org.au/
The first boxes have been delivered to Anglicare.

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

Internet Bank Transfer: Cathedral's ministry and mission
BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons:

Dr Iain Nicolson 0407447250 Dr Kevin Cameron OAM kevincameron560@gmail.com
Joseph Gormally 0421 616 019 josephg@gippslandanglicans.org.au

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Maria Iuliano
Trish Broadbear, Kaye Harrington

St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner
Synod Reps: Jan & Michael Down **Mission Rep:** Jan Down
Music: Dean Keren **Sacristan**: Jan Blake **Catering:** Nancy Schmack
Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson
Opening church / Kathy Jackiw
Rosters, Hall hire, Property, Book Fair, Emergency food Sunday Bulletin
Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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St Paul's Parish Christmas services

SUNDAY 20th December 5.00 pm
Blue Christmas

A service of Healing and Hope for those who's lost a loved one, and for anyone struggling to find hope at this time.